

# WORLD MENTAL HEALTH DAY

SUNDAY 13 OCTOBER '19  
GAUTAM BUDDHA UNIVERSITY  
NOIDA, U.P.



ORGANIZED BY



POWER WITHIN



GAUTAM BUDDHA  
UNIVERSITY

CORE THEME

# Suicide Prevention

What leaves a person to walk off the edge?

What does it say about social values of trust, respect & compassion?

What does it say about our institutions of family, education & governance?

Are we in control of the 'NOW'?

Are we prepared for the radically different future?

How are we gearing up as a society?

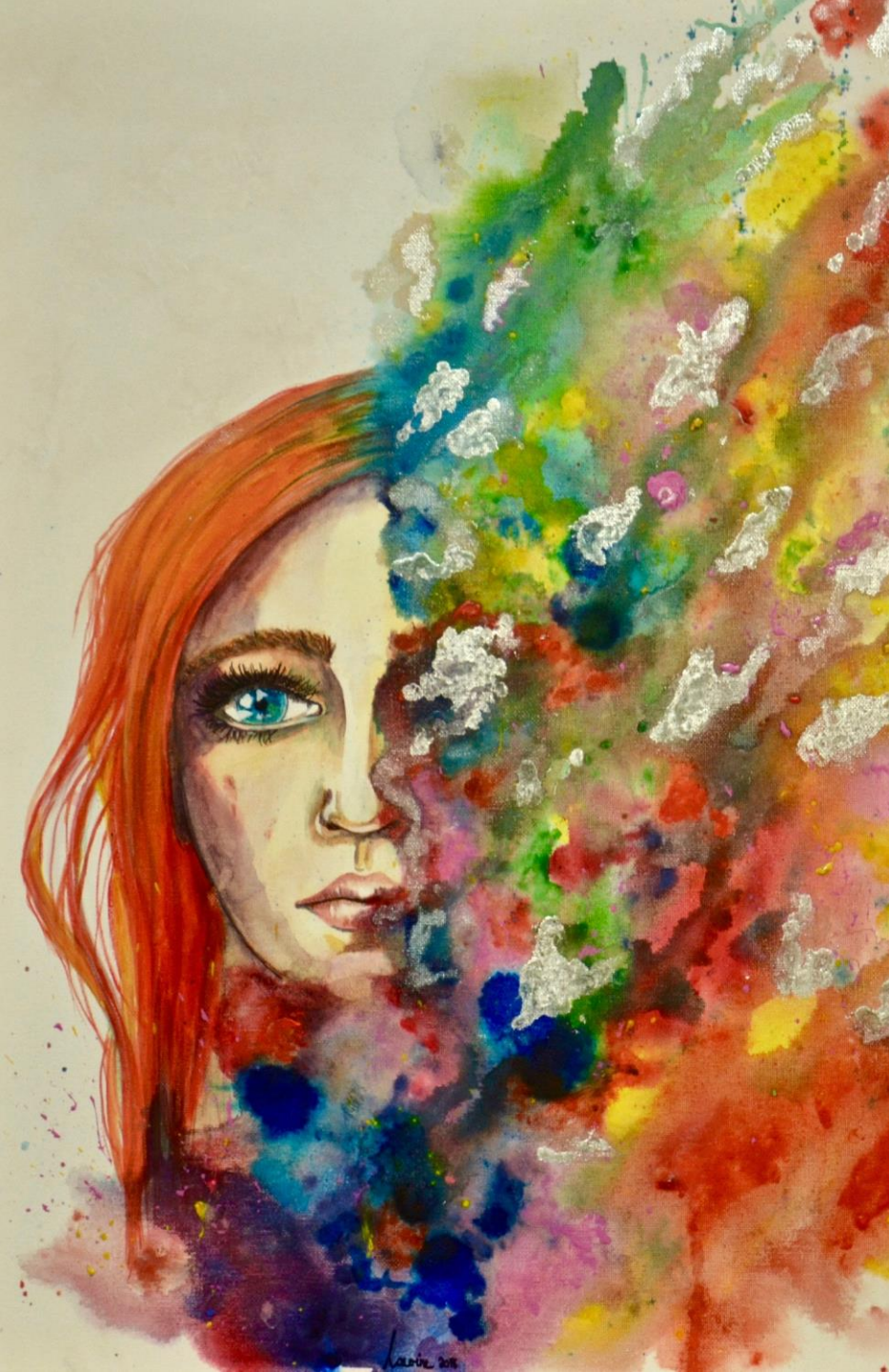
What is our roadmap?

What are we becoming?

What must we become?

What can we become?

Any many questions on the subject of improving as a society...  
in awareness, thought and action!





8:30 REGISTRATION & WELCOME ADDRESS



9:00 PAPER PRESENTATION BY RESEARCHERS



10:00 FILM SCREENING & THEME REFLECTION



10:30 INAUGURAL CEREMONY WITH CHIEF GUEST



11:30 IEF FELLOWSHIP ANNOUNCEMENT For Students Of Psychology



12:00 THEATRICAL PERFORMANCE ON SUICIDE PREVENTION

# EVENT SCHEDULE



13:00 LUNCH BREAK  
BEST TIME TO NETWORK AND GET TO KNOW SOME INTERESTING PEOPLE



14:00 PANEL DISCUSSION  
CONVERGING ON ECOLOGY OF SUICIDE PREVENTION



15:00 CULTURAL PERFORMANCE  
AN AESTHETIC TREAT BY PERFORMERS ON THE THEME OF MENTAL HEALTH



15:30 AWARD & VALEDICTORY CEREMONY



16:30 TEA BREAK  
DON'T MISS THIS PERFECT CHANCE TO BUILD YOUR NETWORK



17:00 AWARENESS RALLY  
WITH TEAMS OF NGOs, GBU, IEF, POWER WITHIN



# EVENT ATTRACTIONS INSIDE THE AUDITORIUM

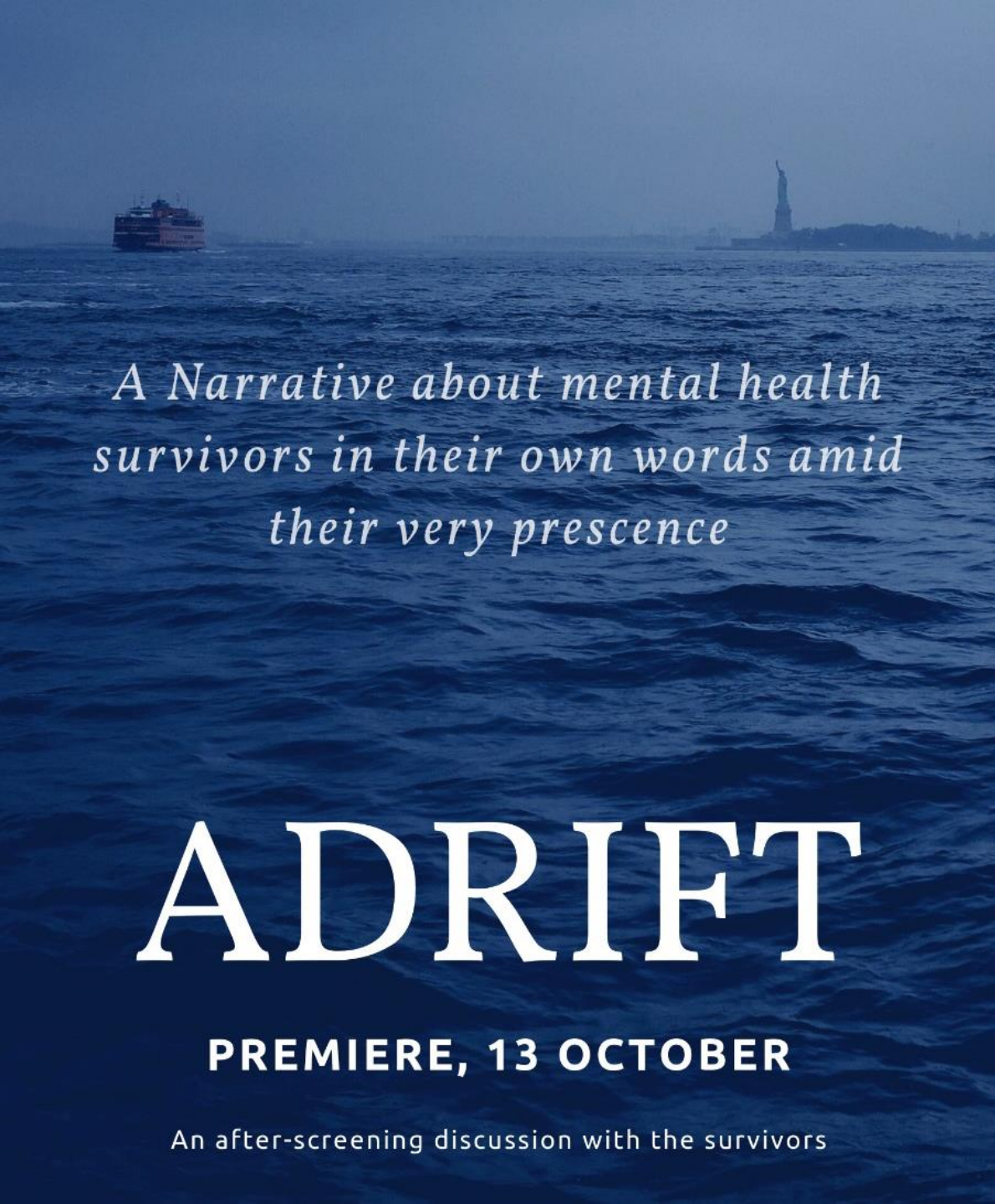




## 1. 9:00 to 10:00 AM

Research paper presentation on the subject of mental health by students of psychology.

A showcase of newer approaches to mental health based on newer research!



*A Narrative about mental health  
survivors in their own words amid  
their very presence*

# ADRIFT

**PREMIERE, 13 OCTOBER**

An after-screening discussion with the survivors

## **2. 10:00 to 10:30 AM**

Film Screening &  
Reflection on the true  
stories of life by real life  
survivors.

Stories which must  
come out in the open...

Stories which must  
become more  
mainstream than our  
love for fiction...



### **3. 10:30 to 11:30 AM**

Arrival & welcome of  
our Chief Guest  
Shri Harivansh Narayan Singh,  
Deputy Chairman  
Rajya Sabha.



**4. 11:30 to 12 Noon**

India Excellence Forum awards IEF Fellowships to 8 chosen students of psychology from GBU to enable action on Mental Health and make Gautam Buddha University as the Center of Excellence for Mental Health





**5. 12:00 to 01:00 PM**

How we become the  
unmindfuls !

Theater Performance on the  
subject of Mental Health &  
Suicide Prevention by  
student groups.



## 6. 1:00 to 2:00 PM

Lunch & Networking

Meet NGOs, Social Enterprises, Game changing Students, Officials & Entrepreneurs to expand your circle of association on Mental Health



**7. 2:00 to 3:00 PM**

Panel Discussion on the  
ECOLOGY OF SUICIDE  
PREVENTION

**THE PANEL**

Psychologist  
Neurologist  
Judge  
Journalist  
Artist  
Survivor

A social sample of the  
influencers & the influenced!



**8. 3:00 to 3:30 PM**

Cultural Performances by  
students



**9. 3:30 to 4:30 PM**

Research Paper & other  
student performances  
Awards & Valedictory  
Ceremony



**10. 4:30 to 5:00 PM**

Tea Break & audience assembly at the Grand Porch outside the auditorium to launch a Rally marching into the city to spread awareness on mental health



# **EVENT ATTRACTIONS OUTSIDE THE AUDITORIUM**



Display of personal  
art pieces, paintings,  
craft & other  
expressions by  
student artists from  
schools & colleges





65  
SHORT  
FILM  
CORNER  
COMPETITION

Curated films  
&  
documentary  
screenings  
along with  
open mic  
critical analysis  
by participants  
& audiences



Product & Services demos  
by various service providers  
on the subject of mental health

Nutrition, Student support  
programs, parent support,  
teachers, schools & university  
programs and much more ...



Participation by various schools & colleges for debates, photography, film, art and other mediums of expression ...



Students will build a wall  
with messages by  
audiences and  
participants on the  
bricks and before we  
leave for the city rally,  
we will hammer it down  
to pledge a renewed  
start on the subject of  
**SUICIDE PREVENTION!**

# THANK YOU

For inquires contact  
9910022135  
helpdesk@ThinkIEF.org  
www.ThinkIEF.org

